

FROM THE PRINCIPAL'S DESK

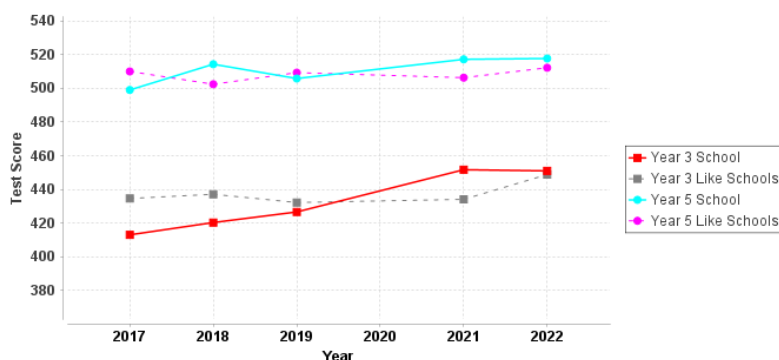
Another school term has come to an end, with the extra public holiday throwing a bit of a spanner into many peoples plans. Thank you to parents and carers for your support this term. The number of parents and family members who attended the athletics carnival was great. Numbers attending the parent open afternoon/ art exhibition were up a little on last year, which was great to see.

Our specialist teachers really appreciated parents and students visiting their rooms. The choir led by Mrs Watson gave a great perform ance early in the afternoon and once again Mrs Bryant put together an awesome visual art display that show cased the talents of our wonderful students. The science rooms buzzed with students and parents engaged in activities.

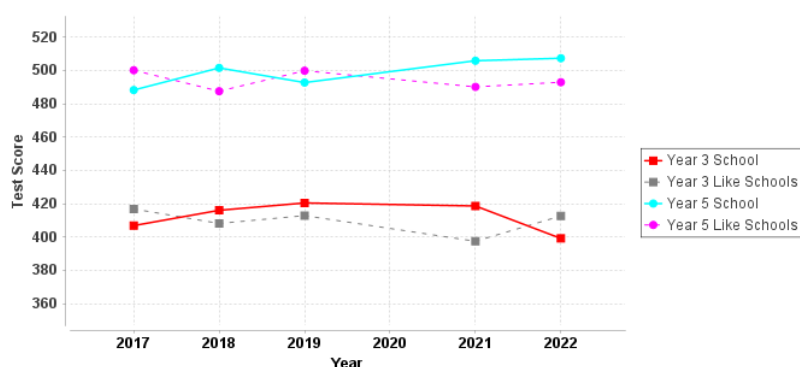
Students have just completed the PAT R assessment and will be completing the PAT M at the beginning of Term 4. We have changed the assessment test from the standard questions to an adaptive test which will provide us with better individual student data.

We have received our initial NAPLAN data for 2022. Below are a couple of graphs that show the schools growth.

Average Reading Score



Average Numeracy Score



Office Hours

Mon/Thurs - 8.00am - 4.00pm
Friday – 8.00am – 3.00pm

2022 TERM DATES

Term 1: 31st Jan – 8th April
Term 2: 26th April – 1st July
Term 3: 18th July – 23rd Sept
Term 4: 10th Oct – 15th Dec



DATES TO REMEMBER

School Development Days

Term 2: Friday 3rd June
Term 3: Monday 29th August
Term 4: Friday 4th November

School Hours

8.30am – 2.30pm
Recess - 10.40am – 11.00am
Lunch - 1.00pm – 1.30pm


2023
Kindy Enrolments
Now open



Percentage of students in each Proficiency Band

include School Student Numbers ☐

Band	NAPLAN Score Range	Year 3 Numeracy								
		School			Like Schools			WA Public Schools		
		2019	2021	2022	2019	2021	2022	2019	2021	2022
6 to 10	478 & Above	24%	17%	24%	18%	13%	17%	14%	12%	14%
5	426 - 477	23%	31%	13%	25%	19%	23%	22%	20%	19%
4	374 - 425	23%	26%	16%	28%	31%	29%	27%	28%	26%
3	322 - 373	19%	17%	20%	20%	23%	20%	20%	22%	23%
2	270 - 321	5%	8%	24%	8%	12%	8%	12%	12%	13%
1	Up to 269	4%	2%	3%	2%	3%	2%	6%	6%	5%

Copy Options 

As the data indicates, we continue to do well in reading compared to Like Schools but our Year 3 performance in Numeracy was below Like Schools and requires further investigation. When you look at the table above you can see that we have a higher number of students in Band 2 compared to Like Schools and WA Public Schools which has contributed to the decline.

The National School Opinion Survey is still open for a few more weeks and we encourage as many parents as possible to complete this online. It only takes approx 5 minutes and your feedback is valued.

<https://www.schoolsurvey.edu.au/s/3NTEUN8c>

I trust everyone who is fortunate enough to have some time off over the school holidays enjoys the time to relax recharge and reconnect with family and friends. We look forward to seeing everyone for a bust Term Four.

Regards Wayne Walpole

Voluntary Contribution Payment – Winner

It is now time to announce the Winner of Term 3 2022 Prize for Voluntary Contributions.

Elyse in Year 5 – LA32

You are the lucky winner of the 'Holey Moley and Gelato Joy' Prize.

Congratulations!

Thank you everyone who have paid their contributions.
Information about the Term 4 prize will be coming soon.



Bletchley Park Primary School

Term FOUR Planner 2022



Lot 5003, Balfour Street, Southern River WA 6155 Ph: 9234 6155

Website: www.bletchleyparkps.wa.edu.au

Email: bletchleypark.ps@education.wa.edu.au

School Hours
8.30am – 2.30pm

Office Hours: Mon-Thurs 8.15am – 4.00pm
Friday - 8.15am – 3.00pm

Assembly
Friday 8.30am

Term FOUR - 2022

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	10 Oct	11 Oct	12 Oct	13 Oct	14 Oct
2	17 Oct P&C Meeting Kindy Group A Excursion - Jungle Gym	18 Oct Kindy Group B Excursion - Jungle Gym	19 Oct	20 Oct Yr3 - Excursion Kings Park	21 Oct Numero Competition Junior Assembly - LA4
3	24 Oct School Board	25 Oct	26 Oct	27 Oct Yr6 Camp Parent Meeting 2:40pm	28 Oct Day for Daniel Senior Assembly - LA33 & 34
4	31 Oct	1 Nov Interschool Athletics Jumps	2 Nov Maths Afternoon 1:30pm ASD Carnival Gosnells PS	3 Nov Interschool Athletics	4 Nov School Dev Day Students DO NOT Attend
5	7 Nov	8 Nov	9 Nov Cyber Safety Parent Meeting 6:30 - 8pm	10 Nov	11 Nov Junior Assembly - LA13
6	14 Nov Yr6 Student Camp Meeting 1:30pm	15 Nov Yr6 Camp	16 Nov Yr6 Camp	17 Nov Yr6 Camp	18 Nov Yr6 Camp Senior Assembly - LA20
7	21 Nov School Board	22 Nov	23 Nov Yr6 Councillors Parliament House	24 Nov	25 Nov P&C Disco Hawaiian Luau Theme Senior Assembly - Choir/Music Ensemble
8	28 Nov P&C Meeting	29 Nov	30 Nov	1 Dec	2 Dec Kindy - Orientation Day (More info to follow)
9	5 Dec Campion 2023 Stationary pick-up 2pm - 3:30pm Choir Performance	6 Dec	7 Dec	8 Dec School Concert	9 Dec
10	12 Dec Graduation	13 Dec Reports Home	14 Dec	15 Dec Yr6 - Bounce	16 Dec Students Do Not Attend



Merit and values Award Winners - 16th September 2022



Miss Bendeich's awesome Year 4 class hosted this week's senior assembly. They reminded us all about the importance of respect and how we show that to our friends, our environment and ourselves. They showed us some examples of what showing respect might look like (and not look like!) and finished with the 'Respect Rap'!

A fabulous performance, LA 22!

Be, Think, Grow Awards Date: 16 th September 2022			
Area	Year	Student	Teacher
Indonesian	Class	Harshika	Mrs Colquhoun
Sport	Class	Evan	Mr Cave
Science	Class	Harry	Mrs Lumsden
Science	Class	Sean, Maeve	Mrs Davey
Music	Class	No Award	Mrs Watson
Arts	Class	Charlotte, Siena	Mrs Bryant

Merit and values Award Winners – 16th September 2022

Senior Assembly Merit Awards Date: 16 th September 2022			
Area	Year	Student	Teacher
LA 15	Yr4	Molly, Naia, Eva	Mrs Davies
LA 17	Yr4	Nicholas, Troy	Mrs Roth
LA 20	Yr4	Freya, Sehaj	Mr McKee
LA 22	Yr4	Akira, Zizi	Miss Bendeich
LA 21	Yr5	Jax, Jake	Ms Ferguson
LA 23	Yr5	Joshua, Sebastian, Alaina	Miss Lopez
LA 32	Yr5	Ethan, Kobe	Mr Betts / Mrs Clark
LA 33	Yr5	Kina, Chayce	Mr Dale
LA 34	Yr5	Temwani, Julia	Miss Rowe
LA 25	Yr6	Dhiya	Mr Sullivan
LA 26	Yr6	Charlie, Tas	Mrs Neighbour
LA 27	Yr6	Alyssa, Jesse, Sienna	Miss Lombardo
LA 28	Yr6	Alexis, Harshika, Leo	Mrs Leslie
Library	Class	LA22	Mrs Isgar
Sport	Class	LA28	Mr Cave
Science	Class	LA32	Mrs Lumsden
Science	Class	LA22	Mrs Davey
Indonesian	Class	LA26	Mrs Colquhoun
Music	Class	No Award	Mrs Watson
Arts	Class	LA17	Mrs Bryant

Senior Assembly Value Award Date: 16 th September 2022			
Area	Year	Student	Teacher
LA15	Yr4	Doing My Best – Declan Respect – No Award	Mrs Davies
LA17	Yr4	Doing My Best – Aba Respect – Milania	Mrs Roth
LA20	Yr4	Doing My Best – Emily Respect – Hazel	Mr McKee
LA22	Yr4	Doing My Best – Joshua Respect – Oscar	Miss Bendeich
LA21	Yr5	Doing My Best – Cameron Respect – Isla	Ms Ferguson
LA23	Yr5	Doing My Best – Kainaat Respect – Ava	Miss Lopez
LA 32	Yr5	Doing My Best – Eevan Respect – Luke	Mr Betts / Mrs Clark
LA 33	Yr 5	Doing My Best – Declan Respect – Mia	Mr Dale
LA34	Yr5	Doing My Best – Nate Respect – Preston	Miss Rowe
LA25	Yr6	Doing My Best – Bella Respect – Sumer	Mr Sullivan
LA26	Yr6	Doing My Best – Hemi Respect – Elizabeth	Mrs Neighbour
LA27	Yr6	Doing My Best – Andrea Respect – Max	Miss Lombardo
LA28	Yr6	Doing My Best – Jasmine Respect – Kate	Mrs Leslie



A collection of fresh vegetables arranged on a light-colored surface. In the background, there are several bags of carrots and green beans. In the foreground, there are two heads of broccoli, three green bell peppers, a bunch of green beans, a head of cauliflower, and several cucumbers. A small red and white 'coles' logo is visible on the right side of the image.



During Week 10 classrooms encouraged students to all sit together and enjoy their Crunch&Sip®. **A HUGE Thank you to Coles at Southern River East Shopping Centre for donating a gift card** so we could purchase some fresh vegetables for our 'Crunch Off'!

Senior Teacher / Crunch and Sip Coordinator



Newsletter 2022

Problem Solving Competition



A big thank you to the students who entered the competition and congratulations to everyone who attempted to solve the problems. Remember to make sure that you answer the question by writing the answer. Here are the answers for the last problems.

Year 1 and 2

Caleb and Alex needed 4 cars to finish their collection.

Year 3 and 4

Each side of the triangle is 7 meters.

Year 5 and 6

Six students won gold medals, 4 students won silver medals and 2 students won bronze.

Congratulations to the following students who correctly solved the problems.

Year 1 and 2

Moksha LA11

Venkat LA13

Year 3 and 4

Kayleigh LA8

Year 5 and 6

Tiffany LA34

A special mention to Kayleigh for solving all three questions correctly. The following students who have one a canteen voucher! Moksha from LA11, Kayleigh in LA8 and Tiffany in LA34.

Make sure you watch out for the competition next term.

Library News

Thank you to the school community supporting the Scholastic Book Fair last week. The commission made helps purchase new books for the library.

Book Fair total sales \$4801.55

Thank you to all the amazing entries for Book week and these lucky students spent the prize vouchers at the Book Fair.



The Library Refurbishment started Monday the books have been packed away and shelves have gone it is now a massive empty space (it echoes) The students have been extremely excited asking loads of questions and peeking through the windows during recess and lunch. The painting starts today, carpets and new furniture during the school holidays. Exciting times ahead at Bletchley Park Primary School.



Kind Regards

Danette Isgar

Day for Daniel – Friday 28th October



Day for Daniel is a “**National Day of Action**” and an initiative of the Daniel Morcombe Foundation which focuses on educating children and adults about keeping kids safe through child safety and protection initiatives. It aims to help empower our children to Recognise, React and Report if they feel something is not right.

Day for Daniel – Wear Red, Educate and Donate – Friday 28th October (Week 3)

For the 7th consecutive year, our School will be participating in Day for Daniel with two events planned.

On **Monday, 24th October (Week 3)** at Lunch time and after School, students will have the opportunity to purchase Icy Poles for \$1 each!

On **Friday, 28th October (Week 3)** students are encouraged to **wear a red shirt** to school and bring along a **Gold Coin** donation for the Daniel Morcombe Foundation. They will also take part in an age appropriate lesson aimed at child safety.

Proudly supporting



Keeping kids safe!

Christmas in a shoe Box



AN INDEPENDENT PUBLIC SCHOOL
www.bletchleyparkps.wa.edu.au

Dear Parents

12/9/22

Operation Christmas Child is one of Bletchley Park Primary School's Sustainability programs that focus on increasing our Social Handprint. Participation in these programs fosters students' awareness of how children in other countries live. It also develops an appreciation for the country we live in.

This year many classes will be taking part in preparing Christmas Shoeboxes for Operation Christmas Child.

The shoeboxes will be sent through Samaritan's purse to children in need in other less fortunate countries, that have requested assistance. They will be sent in **Week 4 of Term 4**.

Families interested in participating need to **complete the attached slip ASAP**. Once the completed slip is returned, you will be provided with an information pamphlet and an Operation Christmas Child shoebox. You may also like to complete the credit card payment for postage. Alternatively, you can send in some essential items which can be put together with other people's donations to complete a box.

Only new items can be put in the shoeboxes due to Customs regulations. No liquids, replica guns, religious materials or super hero characters (as they often wear masks that may frightened children who have experienced conflict in their country). Please consider the environment.

Suitable items are listed on the reverse of this note. (priority items are underlined)

It would be greatly appreciated if your family could either fill a box **or** contribute an item that can go towards a box.

Please fill in and circle a selection, cut off and return the slip to your class teacher or LA 7, Yr 3 ASAP.

The boxes, items and / or money need to be returned to school by Monday the 31st of October.

Regards,
Ms Ziegelaar

Family or Students Name _____ LA _____ Year _____

I/we would like to fill a shoebox. YES NO

I/we would like to donate some items (please deliver to LA7, Yr 3). YES NO

I/we would like contribute money to assist with postage (Please complete Credit Card slip). YES NO



Bletchley Park Primary School Lot 5003 Balfour Street, Southern River WA 6110 | 9394 0955



Christmas in a shoe Box

Christmas in a Shoebox Items

Items to Include.

- **SOMETHING TO LOVE**

Teddy bear, doll, soft toy, etc.

- **SOMETHING FOR SCHOOL**

Exercise book, pencil case, pens, lead pencils, colouring pencils, sharpener, chalk.

(No textas please as they dry out too quickly)

- **SOMETHING TO WEAR**

T-shirt, shorts, underwear, soft hat, beanie, sandals, thongs, etc.

- **SOMETHING TO PLAY WITH**

Tennis ball, cars, skipping rope, marbles, musical instrument, yo-yo, finger puppets etc.

(No battery operated items or plastic items with lots of little pieces)*

- **SOMETHING FOR PERSONAL HYGIENE**

Soap and face washer, toothbrush, hairbrush, comb, hair-clips, scrunchies, etc.(No toothpaste)*

- **SOMETHING SPECIAL**

Carry bag, sunglasses, bangles, necklaces, craft kits, stickers, note/ photo of yourself.

What not to pack **

- **ITEMS THAT LEAK OR MELT**

Including toothpaste, shampoo, bubbles, plasticine/playdough, batteries.

- **FOOD OR LOLLIES**

Of any kind (due to shipping regulations) including medicines and vitamins.

- **USED OR DAMAGED ITEMS**

Including clothing and toys.

- **BREAKABLE ITEMS**

Such as glass, porcelain, mirrors.

- **ITEMS THAT CAN SCARE OR HARM A CHILD**

Examples are knives, war-related toys and toy guns.

- **GAMBLING-RELATED ITEMS**

For example, play money and playing cards.

- **ANYTHING OF A RELIGIOUS, RACIAL OR POLITICAL NATURE**

Holiday Free Weekly Programs

CITY OF GOSNELLS

HOLIDAY MAYHEM

FREE WEEKLY PROGRAMS

MONDAY 3 OCTOBER	TUESDAY 27 SEPTEMBER AND 4 OCTOBER	WEDNESDAY 28 SEPTEMBER AND 5 OCTOBER	THURSDAY 29 SEPTEMBER AND 6 OCTOBER	FRIDAY 30 SEPTEMBER AND 7 OCTOBER
DROP IN The Shack youth centre 1pm – 4pm Ages 10 – 18 years SKATE JAM Thornlie Skate Park 3pm – 5pm All ages SKATE JAM Gosnells Skate Park 3pm – 5pm All ages	DROP IN The Shack youth centre 1pm – 4pm Ages 10 – 18 years SKATE JAM Gosnells Skate Park 3pm – 5pm All ages SKATE JAM Maddington Skate Park 3pm – 5pm All ages DROP IN The Underground youth centre 3.30pm – 8pm Ages 15 – 25 years	SKATE JAM Thornlie Skate Park 3pm – 5pm All ages SKATE JAM Mills Park Skate Plaza 6pm – 8pm All ages DROP IN The Underground youth centre 3.30pm – 6pm Ages 10 – 14 years	LATE NIGHT BASKETBALL Richard Rushton Community Centre 5.30pm – 7.30pm Ages 10 – 18 years DROP IN The Shack youth centre 1pm – 4pm Ages 10 – 18 years SKATE JAM Gosnells Skate Park 3pm – 5pm All ages	DROP IN The Castle youth centre 3pm – 6pm Ages 10 – 18 years SKATE JAM Maddington Skate Park 3pm – 5pm All ages THE NOMAD Langford Sporting Complex 3pm – 5.30pm Ages 10 – 18 years

YOUTH CENTRE LOCATIONS

- THE CASTLE** 21 Discovery Drive, Thornlie
- THE SHACK** 101 Ashburton Drive, Gosnells
- THE UNDERGROUND** 2 Holmes Street, Southern River

SEPTEMBER

**SATURDAY
1 OCTOBER
AND 8 OCTOBER**

SKATE JAM
Mills Park Skate Plaza
10am – 2pm
All ages

DROP IN
All sessions are supervised. Drop in at our youth centres where there's heaps on offer, including pool tables, game consoles, sports equipment, board games, basketball, table tennis and heaps more.

SKATE JAMS
Young people can learn new tricks, improve their skills, chat with youth workers and try a range of great activities. Skateboards and helmets are available.

THE NOMAD
Come and enjoy fun activities including gaming, sports equipment, yard games, listening to music, art gear and heaps more.

www.gosnells.wa.gov.au/youth | 9397 3000 | @cityofgosnellsyouth

CITY OF GOSNELLS

WORKSHOPS AND EVENTS

BOOKINGS
Bookings required for workshops
To book visit www.gosnells.wa.gov.au/youth or call 9397 3000

DID YOU KNOW?
THE CITY'S YOUTH TEAM HAS INSTAGRAM! FOLLOW US TO FIND OUT ABOUT PROGRAMS, EVENTS AND ACTIVITIES FOR YOUNG PEOPLE.

WEDNESDAY 28 SEPTEMBER ART STUDIO WORKSHOP The Castle youth centre 10am – 2pm Ages 10 – 18 years \$25 Paint a mate Picasso style. Have fun with acrylics and create your own masterpiece. HOMESTEAD PARK OPENING 10am – 12pm Ages 10 – 18 years Head down to the park to get involved in the Nomad Wandering youth space and other fun youth activities. FREE	FRIDAY 30 SEPTEMBER SKATE PARK TOUR The Shack youth centre 10am – 3pm Ages 10 – 18 years \$10 Hop on a bus and visit some of Perth's best skate parks. Lunch provided. MONDAY 3 OCTOBER SOCIAL SISTERS The Castle youth centre 9am – 3pm Ages 12 – 18 years \$25 Horse riding excursion at Foxdale Riding School.	WEDNESDAY 5 OCTOBER ART STUDIO WORKSHOP The Castle youth centre 10am – 2pm Ages 10 – 18 years \$25 'Loving art' using mixed mediums to create a framed wonder to take home. THURSDAY 6 OCTOBER COOKING WORKSHOP The Underground youth centre 10am – 2pm Ages 10 – 18 years Learn to cook delicious snacks and learn some cooking tips and tricks. FREE
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For more information or to book call 9397 3000 or visit www.gosnells.wa.gov.au/youth | @cityofgosnellsyouth

Holiday Free Weekly Programs


CITY OF GOSNELLS


ALL FAMILIES WELCOME


Free activities

PARK PLAY

DATES AND VENUES FOR TERM 4 2022
Fun for the whole family. Bring the kids and join in the fun with messy activities, big games and sports equipment. Be sure to dress for the weather, and bring a drink and snacks.

WEDNESDAY MORNINGS 9.30am – 11.30am
 19 October, 16 November
 14 December
 Robinson Park, Gosnells
 26 October, 23 November
 Homestead Park, Thornlie
 2 November, 30 November
 Mills Park, Beckenham
 9 November, 7 December
 Langford All-Abilities Playground, Langford

FRIDAY MORNINGS 9.30am – 11.30am
 (No Park Play on 11 November, due to Fusion Food and Culture Festival)
 21 October, 25 November
 Wilkinson Homestead Gosnells
 28 October, 4 November
 2 December
 Pioneer Park Amphitheatre and Playground, Gosnells
 4 November
 Mills Park, Beckenham
 18 November
 Harmony Fields, Maddington
 9 December
 Alexandria Boulevard Reserve Playground
 Canning Vale
 16 December
 Walter Padbury Playground
 Thornlie


CHILDREN'S WEEK
Monday 24 October
Baby Play – Sensory and Stories
 Session 1: 9.30am – 10.30am
 Session 2: 11am – 12pm
 Huntingdale Community Centre
Tuesday 25 October
Creative Kids Bubbles and Face Painting
 9.30am – 10.30am
 Huntingdale Community Centre
Wednesday 26 October
Park Play – Kids Nature Play
 9.30am – 11.30am
 Homestead Park, Thornlie
Thursday 27 October
Creative Older Kids Bubbles and Face Painting
 9.30am – 11.30am
 Homestead Park, Thornlie
Friday 28 October
Park Play – Gosnells Get-Together
 9.30am – 11.30am
 Pioneer Park Amphitheatre, Gosnells

Bellies, Birth and Babies Parenting Expo
 Tuesday 1st November
 4pm – 7pm
 Mills Park Centre, Beckenham
 Includes food trucks and Mini Park Play






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CITY OF GOSNELLS

TERM 4


FREE activities

FAMILIES ACTIVITIES


BABy PLAY
MONDAYS
 17 October – 12 December
 Session 1: 9.30am – 10.30am
 Session 2: 11am – 12pm
 Huntingdale Community Centre
 Lot 1645 Holmes Street
 Huntingdale
 Meet other new parents and enjoy play time with your little one in these fun and relaxed Baby Play sessions.
 Learn new songs, with Rhyme Time at the end of each session.
 For parents with babies up to 18 months old.
 No bookings required.

IMPORTANT INFORMATION
 • Hand sanitizer will be available at each session
 • Please do not attend if anyone in your family is unwell
 • Please be aware that requirements may change at short notice

CREATIVE KIDS
TUESDAYS DATES AND THEMES
 18 October – Bag decorating
 25 October – Superheroes
 1 November – Construction
 8 November – Fairy Tales
 15 November – Dr. Seuss
 22 November – Nature
 29 November – Summer
 6 December – Christmas
 13 December – Party!
 9.30am – 10.30am
 Huntingdale Community Centre
 Lot 1645 Holmes Street
 Huntingdale
 A fun program for parents and their children aged 2 – 4 years to be creative with crafty activities each week.
 No bookings required.

CREATIVE OLDER KIDS
THURSDAYS
 20 October – Bag decorating
 27 October – Superheroes
 3 November – Construction
 10 November – Fairy Tales
 17 November – Dr. Seuss
 24 November – Nature
 1 December – Summer
 8 December – Christmas
 15 December – Party!
 3.30pm – 4.30pm
 Huntingdale Community Centre
 Lot 1645 Holmes Street
 Huntingdale
 A fun program for children aged 5 – 8 years to be creative with crafty activities each week.
 No bookings required.

ACKNOWLEDGEMENT TO COUNTRY
 Nidja Boodjar (Here is the earth)
 Nidja Warl (Here is the sky)
 Nidja Ngany Koorda (Here are my friends)
 Nidja Ngany (Here am I)
 We thank the Whadjuk people for the lands on which we learn and play
 Maara (Hands) up
 Maara (Hands) down
 we are on Whadjuk ground!



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Holiday Free Weekly Programs

CITY of GOSNELLS

PLAY ACTIVITIES **FOOD TRUCKS**

Calling all new and expectant mums and dads!
Come along to this FREE expo to find out about local activities and services to help you on your parenting journey in the early days and beyond.

BELLIES, BIRTH AND BABIES PARENTING EXPO

Tuesday 1 November 2022, 4pm – 7pm
Mills Park Centre, 86 Brixton Street, Beckenham
No bookings required

PARENTING EXPERTS

FREE EVENT

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CITY of GOSNELLS

Children's Week

Monday 24 October Baby Play – Sensory and Stories Session 1: 9.30am – 10.30am Session 2: 11am – 12pm Huntingdale Community Centre Holmes Street, Huntingdale For children 0 – 18 months	Tuesday 25 October Creative Younger Kids Bubbles and face painting 9.30am – 10.30am Huntingdale Community Centre Holmes Street, Huntingdale For children 2 – 4 years
Wednesday 26 October Park Play – Nature Morning With Kids Nature Club 9.30am – 11.30am Homestead Park Glenbrook Road, Thornlie For children 0 – 5 years	Thursday 27 October Creative Older Kids Bubbles and face painting 2.30pm – 4.30pm Huntingdale Community Centre Holmes Street, Huntingdale For children 5 – 8 years
Friday 28 October Park Play – Gosnells Get Together Join us for a fun morning with the Dinkum Dinosaur show, Park Play and stalls 9.30am – 11.30am Centennial Pioneer Park Federation Parade, Gosnells For children 0 – 5 years	

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CITY of GOSNELLS

TUMBLE TOTS

TUMBLE TOTS
Run during school terms
Mondays 9.15am and 10.30am
(1 – 2 years)
TUESDAYS 9.15AM, AND 10.30AM
(2 – 4 years)
Richard Rushton Community Centre
Baron Way, Gosnells
Tumble Tots is loads of fun, with classes for toddlers aged 1 – 4 years. Activities are varied, interactive and designed to assist growth and development of young minds and bodies.
Tots will develop skills around:
• Singing, dancing and climbing
• Strength, coordination and agility
• Social skills

KINDA MANIA

KINDAMANIA
Run during school terms
Thursdays at 9.15am
Richard Rushton Community Centre
Baron Way, Gosnells
Kindamania is an action-packed, fun-filled weekly leisure session for 3 – 5 year olds, exploring a new theme each week including construction, role play, craft, senses and living things.
Helps kids develop:
• Creative imagination
• Cognitive growth
• Physical development
• Social and emotional skills

SPORTY KIDS

SPORTY KIDS
Run during school terms Wednesdays 9.15am
(3 – 5 years)
Saturdays 11am (4 – 6 years)
Richard Rushton Community Centre
Baron Way, Gosnells
Sporty Kids is a fun interactive program designed to foster children's enjoyment of sport and activity.
Children will develop skills around:
• Ball handling, strength and agility
• Hand-eye coordination
• Numbers, colours and formations
Sporty Kids uses modified equipment in a safe, fun environment with activities adapted to suit early development of young children.

ACTIV SPORTS

ACTIV SPORTS
Run during school terms
Tuesdays at 4pm
Richard Rushton Community Centre
Baron Way, Gosnells
Activ Sport is a multi-sport program for 5 – 10 year olds. Activ Sports allows children to enjoy physical activity after school, while sampling a range of sports in a friendly, non-competitive environment.
Skills developed in:
• Coordination
• Fitness, flexibility and endurance
• Cognitive development
Children are divided into age groups to participate in age-appropriate activities and are introduced to a new sport every two weeks.

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Western Australia, Better Health Program is back!

A free program for families with **primary aged children** who are above a healthy weight.

Better Health Program is a free program for children aged 6-12 years old and their families. It runs for 10 weeks and supports families to make healthy lifestyle changes together.

We have two versions of *Better Health Program*:

1. Group based – learn with others

Both children and parents attend weekly 2-hour sessions, for 10 weeks at a local venue near them with other families. In the first hour, they learn all about healthy eating together. In the second hour, children play fun, game-based activities while the parents have a facilitated discussion about behaviour change and positive parenting.

Program sessions are delivered by qualified health professionals with a background in nutrition, exercise, or psychology. Families also receive free resources to support them in making healthy changes at home, like a water bottle, backpack, label reading tool, and a portion cup.

2. Online – learn from home

Families learn about healthy eating, keeping active, and forming healthy habits by doing fun and interactive online sessions at home. With access to the internet on a phone, tablet, or computer, these can be accessed online anytime and anywhere.

Families also have 30-minute, weekly telehealth appointments with a qualified health professional for one-on-one support. Like the group-based program, families receive lots of free resources...even a Garmin Vivo 4 fitness tracker and a voucher prize at the end of the program.

Do you have a family in mind? Refer today!

Download a referral form plus other helpful resources [here](#).

If you have any more questions about *Better Health Program*, just hit reply to this email.

The Active 8 Program

We know how important it is to establish healthy habits in the early years in order to lead a long, healthy, and happy life.

So, we made Active8, an evidence-based program that generates positive family engagement.

The aim of Active8 is to support 2-5-year-olds to develop healthy eating and activity habits. We do this by empowering parents and carers to make informed decisions when it comes to their family's health through education and helpful resources.

How it works:

To make sure that families in regional and remote areas can access Active8, we have two delivery formats: group-based programs delivered in local communities, or at home e-learning modules and personalised health coaching.

Both programs include weekly support from qualified health professionals, lots of great resources to support healthy behaviour change at home, and fun, interactive weekly sessions.

Active8 is available for parents and carers with kids aged between 2-5 years old across Western Australia, FREE of charge.

Refer your clients to Active8 today.



In person learning

Families are invited to a program at a local community venue, where they'll learn alongside other parents and children. Our group-based programs include opportunities for active and creative play, as well as food exposure activities for young children.



Online option

Parents and carers are given access to interactive online learning sessions, and have the opportunity to connect with their own health coach over the phone, as well as other parents and carers via virtual group discussions. The online format provides flexibility for busy parents whilst still supporting families to establish healthy habits for young children at home.

[https://urldefense.com/v3/https://betterhealthcompany.lt.acemlnc.com/Prod/link-tracker?redirectUrl=aHR0CHMlM0ElMkYlMkZ0aGVhY3RpdmlU4Lm9yZyUyRmhlYWw0aC1wcm9mZXNzaW9uYWxzJTJG&sig=GU1Zvf2Hds6C2ouTorboyja11p89KQ99DtGjpRRGuchn&iat=1663045504&a=*7C*7C27173760*7C*7C&account=betterhealthcompany*2Eactivehosted*2Ecom&email=cV0gmSud9*2Fg*2BtwR5ang*2B9bRp5uSmPpfxfvCokijAgg*3D&s=8e97410e ec91469e2c5d3c339d99f844&i=1693A1909A5A7355 ;JSULJSULJSULIQ!!Lav448XFWxy!-pzD73l7tGkTX2hwCF8Pscih6HBji8vrum5OrpLS-gE2Mcu93WkUexU9mbm9Gfb5-YtyclGVymbrCVAPmRQLeeuWifsVZlk\\$>](https://urldefense.com/v3/https://betterhealthcompany.lt.acemlnc.com/Prod/link-tracker?redirectUrl=aHR0CHMlM0ElMkYlMkZ0aGVhY3RpdmlU4Lm9yZyUyRmhlYWw0aC1wcm9mZXNzaW9uYWxzJTJG&sig=GU1Zvf2Hds6C2ouTorboyja11p89KQ99DtGjpRRGuchn&iat=1663045504&a=*7C*7C27173760*7C*7C&account=betterhealthcompany*2Eactivehosted*2Ecom&email=cV0gmSud9*2Fg*2BtwR5ang*2B9bRp5uSmPpfxfvCokijAgg*3D&s=8e97410e ec91469e2c5d3c339d99f844&i=1693A1909A5A7355 ;JSULJSULJSULIQ!!Lav448XFWxy!-pzD73l7tGkTX2hwCF8Pscih6HBji8vrum5OrpLS-gE2Mcu93WkUexU9mbm9Gfb5-YtyclGVymbrCVAPmRQLeeuWifsVZlk$>)

Community News

The **Triple P – Positive Parenting Program** is now available to parents and carers (of children under 12) FREE and online, thanks to the **Australian Government, Department of Health and Aged Care**. Participants can complete at their own pace at a time that suits them.

Visit [Start Your Course Today | Set up your kids for success - Triple P Positive Parenting Australia \(triplep-parenting.net.au\)](https://triplep-parenting.net.au)

Why Triple P Online can make all the difference

Stay calm under pressure. Strengthen your relationship, fix issues before they become real problems, and positively influence your child's skills and development. This full toolkit of tips and ideas really works!

- 17 effective strategies – the world's first proven-to-work online parenting program
- You choose what works for you - adapt to suit your family, your values
- Be confident about handling each new age, stage and situation (and support your child now and in the years to come)
- Do it on your phone, computer, or tablet
- Videos and fun interactive learning
- Earn badges, track your progress and print your certificate

[Start being a more positive parent today](#)

› [Get our online course for parents of anxious children instead](#)

Is Triple P Online right for me and my child?

- Understand what's within your control to change and influence for your child's benefit
- Create the best environment for your child's development
- Know how to address child behaviours
- Promote new skills and help emotional self-regulation
- Improve your relationship with your children
- Enjoy family life more!

[Try it yourself](#)

