



Bletchley Park
P R I M A R Y

Mental Health Statement of Commitment

Effective: 1st July 2019

Version: 1.1

Review Date: 1st July 2021



Mental Health Statement of Commitment

Bletchley Park Primary School is committed to providing pastoral care and improving the mental health and wellbeing of the children, young people, families and staff within our community.

We are committed to ensuring every member of our learning community feels a sense of belonging and connectedness. This commitment is based upon the belief that through the support, encouragement and nurturing care shown and experienced at Bletchley Park Primary School, all members of the school community have the opportunity to:

- **be** safe, **be** themselves, **be** affirmed in their dignity and worth as persons
- **think** about how they want to be treated and how they treat others
- **grow** to be the best version of themselves, **grow** skills in building personal relationships

We acknowledge that children and young people often experience varying states of mental health and have differing past and current experiences.

We are committed to reducing stigma and discrimination about mental health and promote inclusion, healthy relationships and resilience. Through modelling positive behaviours and practices, the leadership team is committed to championing and promoting mental health knowledge in our practices, policies, planning and decision-making.

We will empower our children and young people to express their feelings, support one another and seek help. We will respond mindfully and within professional boundaries, considering appropriate referrals for care to support children and young people with mental health needs.

We promote the importance of self-care to all community members and support people experiencing issues by encouraging them to talk openly and seek help.

We are committed to continuous and sustainable improvement, which we will demonstrate through planning, action and review of our progress.

We acknowledge this is a collective responsibility and are committed to building the capacity of all staff to support our children and young people to achieve their best possible mental health.

Our commitment is based on:

- understanding protective behaviours and risk factors that affect mental health within our learning community, which are diverse across developmental stages and population groups
- creating and maintaining authentic partnerships with families and community services so we can all work together to support the children and young people in our learning community
- using appropriate learning strategies that support wellbeing and resilience ensuring everyone in our learning community has the knowledge, experience and structures in place to support those experiencing mental health issues
- always maintaining a focus on positive mental health, even during difficult times.



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Bletchley Park Primary School actively supports Mental Health through the development of strong partnerships between the school, students and community .

Our School Beliefs

Managing Student Behaviour Policy

Anti-Bullying Policy

Good Standing Policy

School Psychologist

Chaplaincy Program

Be You

Involvement in RUOK, Bullying NoWay events

Protective Behaviours

Friendly School Plus

Rainbows

Drumbeat

Zones of Regulation

Social thinking Program

Fathering Project

Whole school picnics

Safe'Chillout' spaces

Hardship Funding

Helpful Resources available for Parents/ Families

Outside agencies work with students with disabilities on the social needs

Appropriate verbal and non-verbal communication



With delivery partners



Funded by

