



Bletchley Park
P R I M A R Y

Crunch and Sip Policy

Effective: 12th March 2018

Version: 1.1

Review Date: 21st March 2021



Crunch&Sip®

At Bletchley Park Primary School Crunch@Sip allows for students during the day to graze on fruit and vegetables and drink water in the classroom throughout the day.

The objectives of Crunch@Sip® are to:

- increase awareness of the importance of eating fruit and vegetables and drinking water every day
- enable students to eat fruit and vegetables throughout the day,
- encourage students to drink water in the classroom, during breaks, at sport, whilst on excursions and camps
- encourage parents to provide students with fruit and vegetables every day,
- develop strategies to help students who don't have regular access to fruit and vegetables.